The Antibiotic Paradox: What's the Scoop with Animal and Human Poop?

Kuldip Kumar, Ph.D Soil Scientist - MWRDGC

Pharmaceuticals in Environment

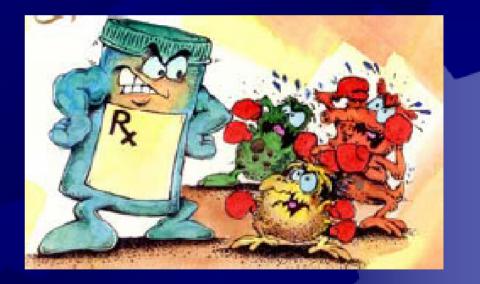
Antibiotics – Therapeutic or Non Therapeutic

- Antibacterial Compounds in PCPs
- Steroid Hormones
- Drugs Prozac,.....Antidepressants
- Contraceptive pills
- Blood Lipid-Lowering Agents
- Beta Blockers

What Is An Antibiotic?

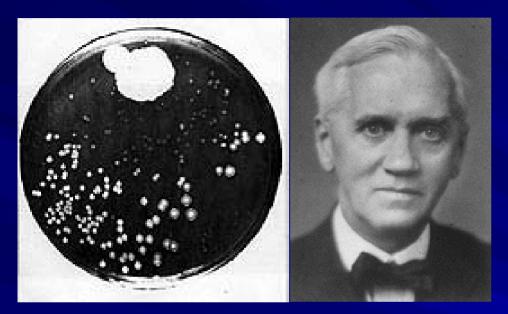
Antibiotics are powerful medicines that can kill bacteria and <u>only</u> bacteria.

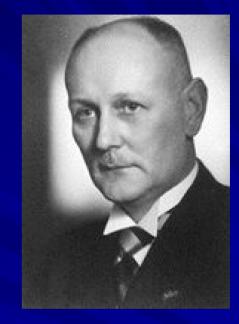
Antibiotics do not work against viral infections like colds or the flu.



Discovery of penicillin

Discovery of sulfa drugs

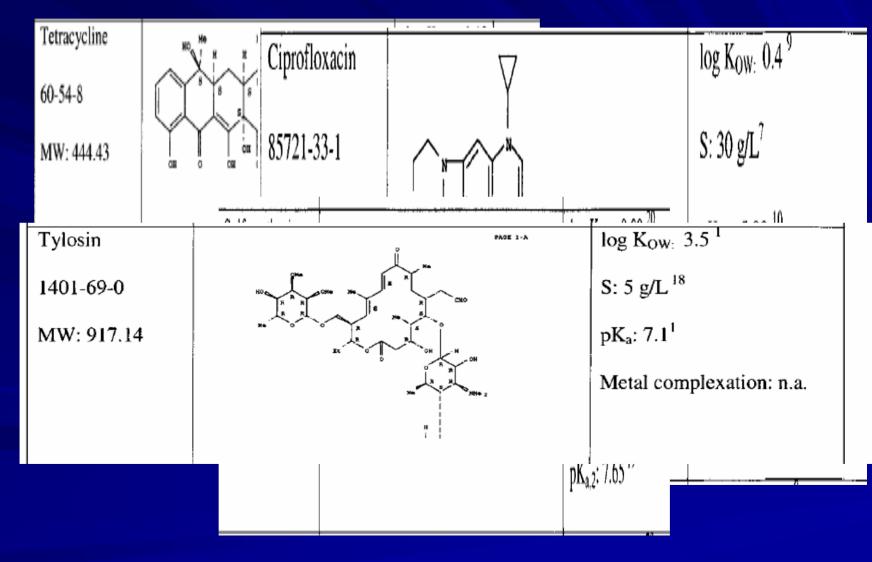




Alexander Fleming 1928 Nobel Prize, 1945

Gerhard Domagk 1932 Nobel Prize, 1939

Structure and Chemical Properties of Few Antibiotics



Mode of Action of Different Antibiotics and Modes of Resistance

Class/Group	Mechanism of Action	Mechanism of Resistance
Aminoglycosides, Tetracyclines	Inhibits protein biosynthesis	Inactivation of antibiotic by enzymic modification
β-Lactums, Glycopeptides	Inhibits cell wall biosynthesis	Reduced permeability Reduced affinity for target Hydrolysis
Macrolides, Chloramphenicol	Inhibits protein biosynthesis	Reduced affinity for antibiotic target
Fluoroquinolones	Inhibits DNA replication	Alteration in target Decreased cell permeability
Sulphonamides	Inhibits folic acid biosynthesis	Metabolic bypass of inhibited reaction Overproduction of antibiotic target
Rifampin	Inhibition of RNA synthesis	Antibiotic inactivation
Polymixins	Disruption of bacterial membranes	Altered cell permeability

Chander... Kumar, 2007: Antibiotics: Has the Magic Gone? J Sci Food Agric 87, 739-42.

Pre-antibiotic age

- ⇒ Tuberculosis and pneumonia responsible for 25% of deaths in US (1900)
- More people died in wars due to infection than to actual traumatic injury

Thanks to PENICILLIN ...He Will Come Home!

"...the greatest news event of World War II may well be the discovery and development...of penicillin."

"miracle drugs"
"wonder drugs"
"magic bullets"

FROM ORDINARY MOLD the Greatest Heating Agent of this Wor!

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Life Magazine (Aug. 14, 1944)

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⇒ The Golden Age



No herd need suffer from mastitis

 VETICILLIN Brand of Penicillin Lederle when injected into the udder, clears up quarters long infected with Streptococcus agalactiae, and returns cows to normal milk production.

Investigators report that a surprisingly high number of cases of Streptococcus agalactine mastitis have responded to a single series of injections. For example, workers at MichiganState College report a 100% response in 33 quarters; at the University of California 81% of 32 quarters were cleared of infection; at the New Jersey Agricultural Experiment Station a 100% response was obtained in 32 quarters; and workers at the University of Illinois report 85% response in 42 quarters.

VETICILIN Brand of Penicillin Lederle checks tissue destruction in cases of acute mastitis and the animal recovers more rapidly. Injections do not produce an abnormal appearance of the milk, or reduce milk secretion, or irritate adder tissue.



If your dealer cannot supply you with VETICULLIN Brand of Penicillin Lederle, kindly send us his name. When serious livestock diseases strike, call your veterinarian. *Ber. U. S. Pat. Off.

LEDERLE LABORATORIES DIVISION

American Cyanamid Company 30 ROCKEFELLER PLAZA, NEW YORK 20, N.Y.

Nebraska Farmer ad for Penicillin from the mid-1940s.

1940s: Limited to therapeutic usage

- Late 1940s and 50s: Moore et al. (1946), McGinnis (1950), and others
 - Improve feed efficiency
 - Increase growth rates
- Antibiotic use in livestock production
 - Therapeutic
 - Growth promotion
 - Prophylactic

Antibiotics in the Environment

Environ. Sci. Technol. 2002, 36, 1202-1211

Pharmaceuticals, Hormones, and Other Organic Wastewater Contaminants in U.S. Streams, 1999–2000: A National Reconnaissance

DANA W. KOLPIN* U.S. Geological Survey, 400 S. Clinton Street, Box 1230, Iowa City, Iowa 52244

EDWARD T. FURLONG U.S. Geological Survey, Box 25046, MS 407, Denver, Colorado 80225-0046

MICHAEL T. MEYER U.S. Geological Survey, 4500 SW 40th Avenue, Ocala, Florida 34474

E. MICHAEL THURMAN

U.S. Geological Survey, 4821 Quall Crest Place, Lawrence, Kansas 66049

STEVEN D. ZAUGG

U.S. Geological Survey, Box 25046, MS 407, Denver, Colorado 80225-0046

LARRY B. BARBER

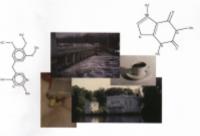
U.S. Geological Survey, 3215 Marine Street, Boulder, Colorado 80303

HERBERT T. BUXTON

U.S. Geological Survey, 810 Bear Tavern Road, West Trenton, New Jersey 08628



Presence and Distribution of Organic Wastewater Compounds in Wastewater, Surface, Ground, and Drinking Waters, Minnesota, 2000-02



Scientific Investigation Report 2004-5138

U.S. Department of the Interior U.S. Geological Survey National and local reconnaissance surveys

 200 sites
 50% of surface water samples contained 1⁺ antibiotic

Source?

Antibiotics Detected in Drinking Water (Khetan and Collins, 2007)

Concentration	Antibiotics	Water	City/Country
165 ng/L	Clofibric acid	Тар	Berlin, Germany
258 ng/L	Carbamaepine	Finished	Atlanta, USA
ng/L levels	Sulfonamide, tetracycline, macrolides, quinolones	Point-of-use	10 cities in Canada
ng/L levels	Several antibiotics like fluro- quinolones, sulfonamides, tetracyclines etc.	Finished	North Carolina, USA





Major Concerns Regarding Antibiotic Usage

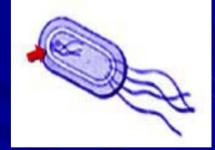
Antibiotics appearing in potable waters Antibiotics appearing in food supply

Emergence of Antibiotic resistant bacteria









The major pathway is thru the land application of manure or biosolids.

Antibiotic Production and Use

Institute of Medicine

- 50 M pound produced per year
 - 60% Human medicine
 - 40% Agriculture uses
 32% Non-therapeutic
 8% Therapeutic

- Union of Concerned Scientists
- 35 M pound produced per year
 - 13% Human medicine
 - 84% Agriculture Uses
 - 78% non-therapeutic
 - 6% Therapeutic
 - 3% Pets

K.M. Shea, 2003

Antibiotics Approved by the FDA for Subtherapeutic Livestock Usage

- Amprolium
- Bacitracin
- Bambermycins
- Carbadox
- Chlortetracycline
- Erythromycin
- Laidomycin
- Lasalocid
- Limcomycin

- Monensin
- Oxytetracycline
- Penicillin
- Sulfonamides
- Roxarsone
- Tiamulin
- Tylosin
- Virginiamycin

=identical/similar to human drugs

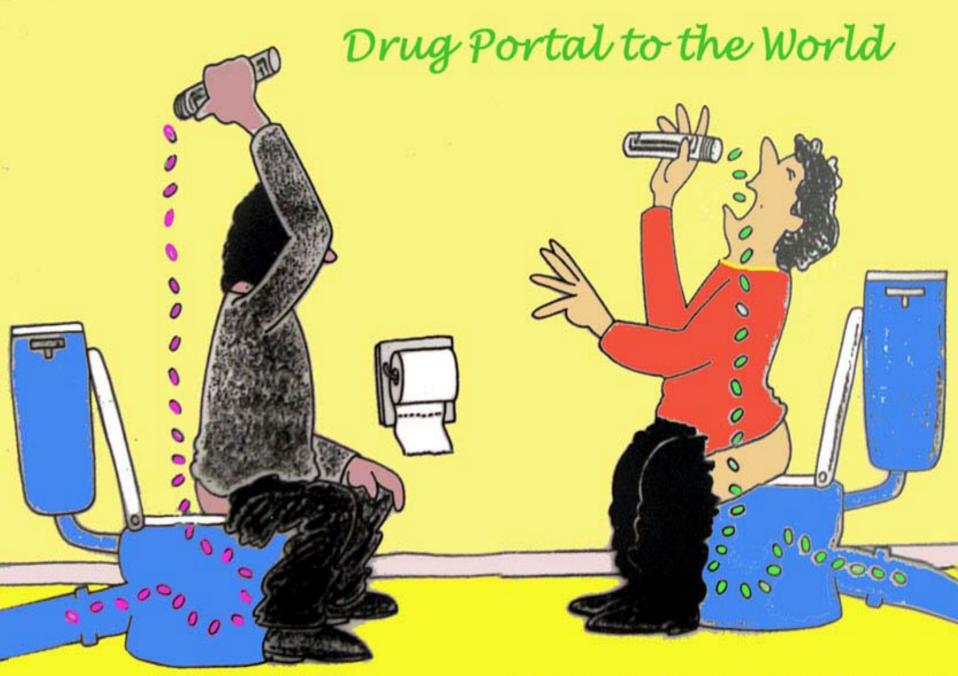
Kumar and Gupta, 2003 USGS Report Non-therapeutic Use of Antibiotics in Animal Production

Dose: 1-400 g/ton of feed

Purpose:

- To increase the ability of animal to absorb nutrients
- To reach the market weight on time
- To prevent the outbreak of diseases

Kumar et al., 2004; J. Environ Quality



adapted by Daughton from Ternes (April 2000)

Proportion of Antibiotics Excreted in Urine and Feces

Antibiotic	% Excreted	
Tetracyclines	75-80	
Lincomycin	60	
Quinacrine	10	
Metronidazole	40	
Tylosin, Monensin, Erythromycin	50-90	

Kumar et al., 2005; Adv Agron., Vol. 87

Concentration of Antibiotics in Different Manures

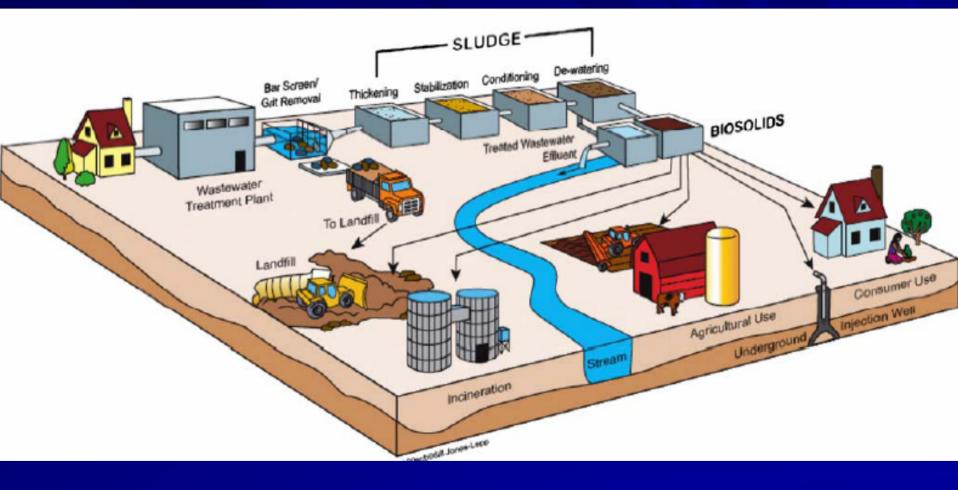
Antibiotics	Conc. mg/kg or mg/L
Tetracyclines (Chlor, Oxy, Tet)	0.1-200
Tylosin	0.1 – 7.9
Monensin	1.0-5.0
Sulfamethazine	3.3-8.7
Penicillin	0.2-5.0
Nicarbazine	35.1-152.1
Sulfathiazole	0.1-12.4

Kumar et al., 2005; Adv Agron., Vol. 87

Concentration of Antibiotics in Biosolids and Sewage sludge (Jones-Lepp and Stevens, 2007)

Antibiotics	Media	Amount detected (mg/kg dry weight)
Fluoroquinolones		(
Ciprofloxacin	Sewage sludge	2.3-2.4
Norfloxacin	Sewage sludge	2.1-2.4
Macrolides		
Azithromycin	Sewage sludge	0.001-0.16
	Millorganite	0.014
Clarithromycin	Sewage sludge	0.0003-0.063
	Millorganite	0.0009
Erythromycin	Class A & B biosolids	nd-0.041
Sulphonamides	Sewage sludge	nd – 0.197
Trimethoprim	Class A & B biosolids	nd – 0.133
Tetracylines (District)	Class A & B biosolids	nd – 0.171

nd-not detected



Swine Facility-CAFO (Concentrated Animal Feeding Operation)





Relative Use of Biosolids, Manures, and Fertilizer (million tons dry weight) in US.

	Biosolids	Manure †	Fertilizers
Produced	6.9	133	50
Land Applied	2.8	120	50
Fecal	~500,000	5-30 million	-
Coliform	MPN/g	colonies/g	
Salmonella	< 7	3100	-
	MPN/4g	organisms/g	

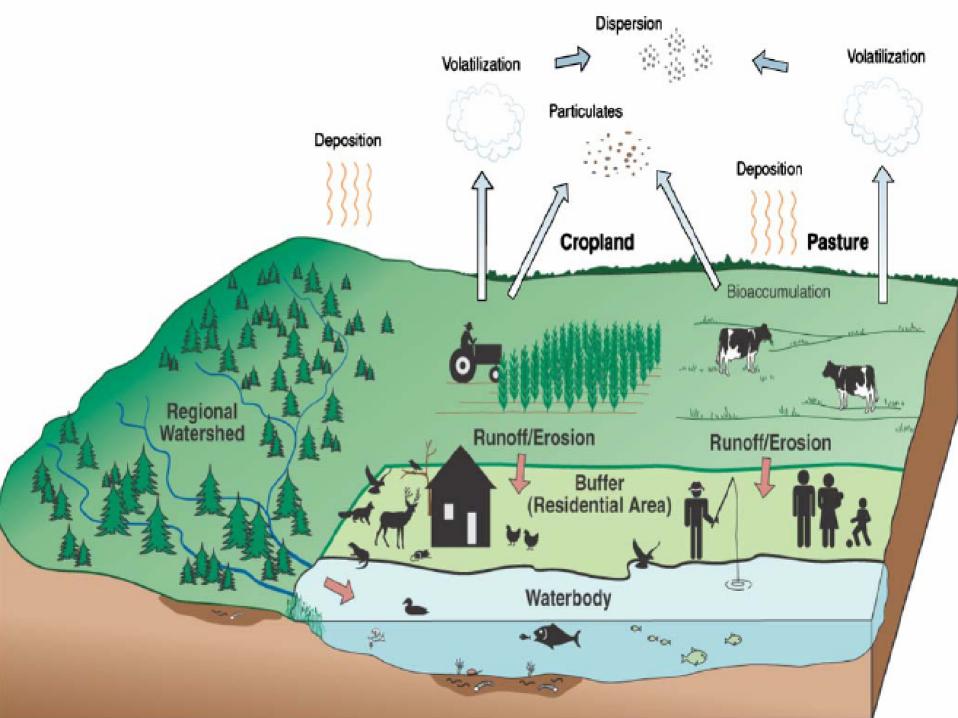
†Kumar, K., et al. 2005. Antibiotic use in agriculture and its impact on the terrestrial environment. Adv. Agron. 87:1-54

"Risks" – 40 times greater manure than biosolids ?

Manure Biosolids

"Manures have been used since beginning of time, and they have been used for so long that people don't think about comparing risks and benefits – manures are simply accepted and they have been for over 2000 years" YET "for biosolids, it appears that risks associated with their use are no greater than – and, in many cases , may in fact be less than – risks associated with manure use" Finally, may be the solution lies in MTPs (Manure Treatment Plants) just like we have WWTPs (Waste Water Treatment Plants)





Fate and Transport of Veterinary Antibiotics in the Environment



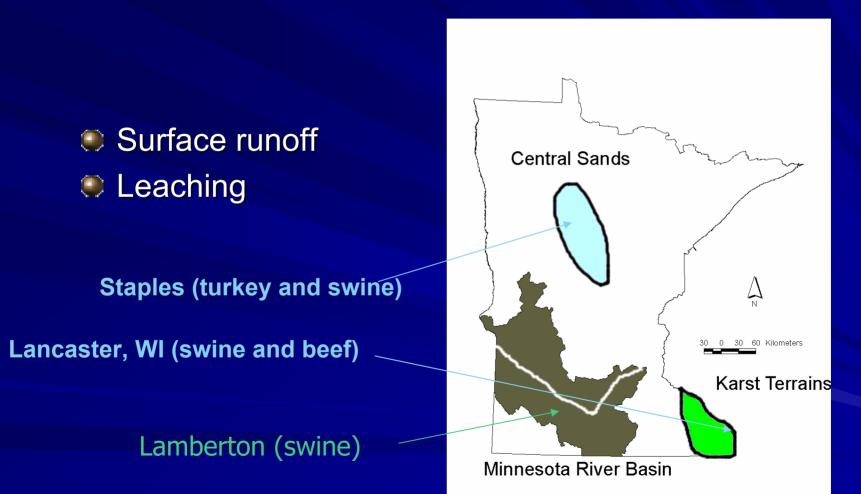


Solid Beef Manure

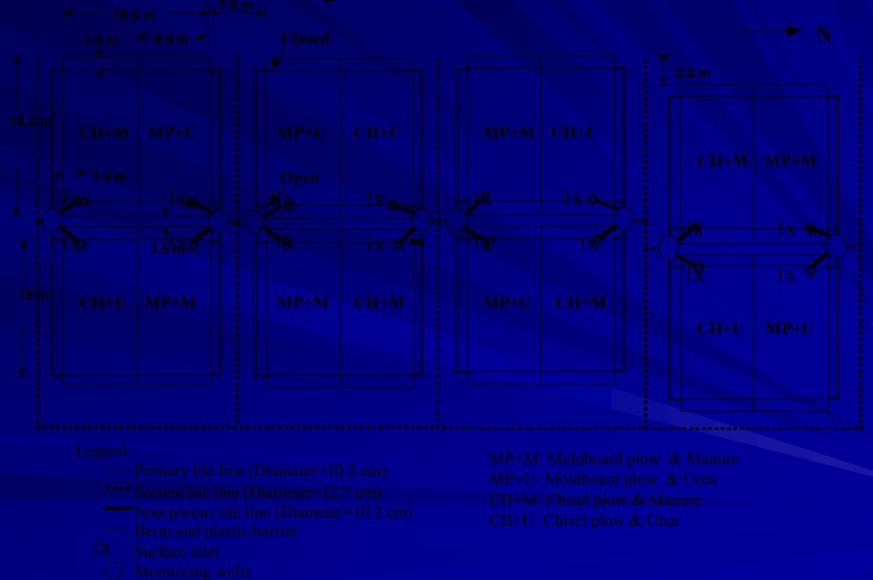
Liquid Hog Manure

University of Minnesota has been in the lead

Antibiotic Losses from Manure Application



Drainage and Runoff Plots



Surf-N-Sub Plot Set-up



Monitoring Well

Surface runoff outlet

Surface runoff tipping bucket

Tile line

Tile line + tipping bucket



Sump pump

Equipment shelter

Winter and Snowmelt Scenes



Antibiotics Applied in Manure

Manure applied=46.23 m³/ha (4000 gallons/ac)

Chlortetracycline=5.0mg/L of manure =231 grams/ha (0.21 lbs/ac)

Tylosin=5.6 mg/L of manure =259 grams/ha (0.23 lbs/ac)

Antibiotic Losses

No losses of dissolved chlortetracycline in surface runoff or through tile drainage

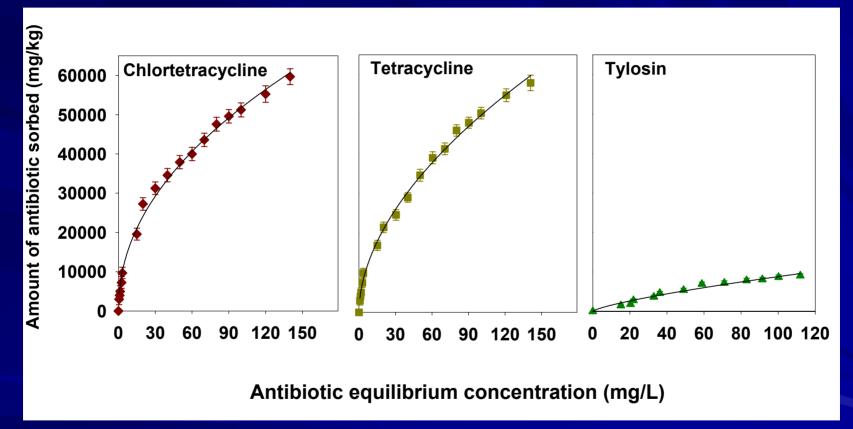
No losses of dissolved tylosin in tile drainage

Dissolved Tylosin Losses via Surface Runoff

Event	Manure	
	mg/ha	
30 July	47	
4 August	4	
9 August	114	
22 August	4	
Total	169	

0.07% of tylosin applied

Adsorption Isotherm- Batch Studies Webster clay loam-34% clay



Kumar et al., 2003

Chlortetracycline (CTC) and Tylosin (TYL) Remaining in the Soil (Webster clay loam) after 1 Year

Treatment	0-15 cm	15-30 cm	Total (g/ha)
	g/ha	g/ha	(% of applied)
TYL -MP-M	76	41	117 (45%)
TYL -CP-M	91	56	147 (57%)
CTC -MP-M	84	16	100 (43%)
CTC -CH-M	117	26	142 (62%)

antibiotics not detected below 30 cm depth.

Antibiotic Half-life (Days) During Composting of Turkey Manure

Treatment	CHLOR- TETRACYCLINE	MONENSIN	TYLOSIN
Low Management	1	22	23
High Management	0.9	19	16
Vessel	0.8	11	19

Holly Swanson and Kuldip Kumar, 2008

Cowazaky Another Energy Solution



Summary

- Land application of manure is a major pathway of spread of antibiotics in the terrestrial environment.
- Composting may reduce residual antibiotic concentrations in manure.
- The overall contribution of biosolids may be relatively small.

Land application of manure and biosolids may result in antibiotics entering the food chain ?

What is the Concern?

- Residues entering the food chain
- Potential adverse effects [†]
 - Development and spread of antibiotic resistance
 - Acute effects from allergic/ toxic reactions
 Chronic effects from prolonged exposure
 - Disruption of digestive system functioning

Not regulated (unlike animal residues)

[†] Kumar, K., S.C. Gupta, S.K. Baidoo, Y. Chander, and C.J. Rosen. 2005. Antibiotic uptake by plants from soil fertilized with animal manure. J. Environ. Qual. 34:2082-2085.

Organic farming

US veg: not so organic?

By Jennifer Rohn

Reports that US growers of organ aic vegetables may be contaminating their produce with antibiotic-laden manure raises questions over the quality of the more than \$40m (€34m) of 'organic' produce imported into the UK from the US every year.

Certified organic farmers in the US can use untreated manure from livestock treated with antibiotics and other drugs. But researchers from the University of Minnesota have shown that urine. Many farmers, conventional and organic, routinely recycle this waste as fertiliser.

Although it is known that these substances can leach into the environment, no one had checked whether they are incorporated into vegetables. Kuldip Kumar and colleagues at the University of Minnesota planted corn, cabbage and green onions in soil treated with manure from pigs fed antibiotics, and several weeks later were able to measure chlortetracycline in the edible plant tops human microbial diseases ineffective. Kumar believes that hormones may also be taken up by vegetables grown in raw manure.

According to Holly Givens of the Organic Trade Association of America, nearly 60% of organic farmers use raw manure 'frequently or regularly'. Other organic growers compost their manure first, and there is a mandatory time lag between manure spreading and harvest. But as little is known about how composting and time limits affect



Plants





Lettuce

Potato

Discussion

Antibiotic uptake[†]

- No uptake of tylosin (Bigger molecule)
- Sulfamethazine: 0.008-0.100 mg kg⁻¹ (ppm) fresh weight
- Chlortetracycline: 0.002-0.017 mg kg⁻¹ (ppm) fresh weight
- Overall recovery of sulfamethazine and chlortetracycline in plant tissues was <0.1% applied in manure
 - >70% in soil (i.e. not fully degraded)
- Differences due to:
 - Antibiotic structure/ chemistry
 - Biomass & concentration
 - Physiology
 - Crop stage

† Kumar, K., S.C. Gupta, S.K. Baidoo, Y. Chander, and C.J. Rosen. 2005. Antibiotic uptake by plants from soil fertilized with animal manure. J. Environ. Qual. 34:2082-2085. Swanson, H., Kumar, K and Gupta, S.C. 2007. J. Environ. Qual., 36, 1224-1230

Discussion

U.S. Food and Drug Administration Regulations ⁺
Animal residues: <0.1 mg kg⁻¹ (ppm)
Plant residues: NO REGULATION

Current study
<0.1 mg kg⁻¹ (ppm) fresh weight
>0.1 mg kg⁻¹ (ppm) dry weight

- Potential for food supply contamination (low levels)
- Organic farming implications

Regulatory Purposes – Maximum Residue Levels (MRLs)

MRLs (antibiotics) in animal tissues < 1 mg kg⁻¹ fresh weight. Sulfamethazine MRL = 0.1 mg kg⁻¹ fresh weight of animal based products. Acceptable Daily Intake (ADI) for Veterinary Pharmaceuticals (JECFA, 2006)

ADI value indicates the level of chemical that can be ingested daily over a lifetime without health risk.

Antibiotics ADI = 50 μ g kg⁻¹ body weight

Effect of Cooking on Antibiotics in Plant/Animal Based Foods

- Sulfamethazine was stable for 6 h in boiling water but not in hot oil (t_{1/2} = 120 min at 180 °C and 5 min at 260 °C).
- Sulfamethazine spiked into raw pork was also found to be stable during a variety of common cooking processes (casseroling, roasting, grilling, pressure cooking, microwaving, and frying).

Oxytetracycline was not stable in water, oil, and cooking processes.



Manure

Chances of antibiotics getting into plant based foods from manure applied soils are low

- Very low concentrations
- Actual health impact not known (low risk)

Biosolids

Concentrations of antibiotics are way lower compared to manure to begin with.

Not applied for use in human food crops in IL.

Bacterial Resistance to Antimicrobials

Thanks to PENICILLIN ...He Will Come Home!

"...the greatest news event of World War II may well be the discovery and development...of penicillin."

"miracle drugs"
"wonder drugs"
"magic bullets"

FROM ORDINARY MOLD the Greatest Heating Agent of this Wor!

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Life Magazine (Aug. 14, 1944)

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⇒ The Golden Age

The Golden Age

- IPAGE 1969, Surgeon General of United States: "It is time to close the book on infectious diseases"
- ⇒ Smallpox global eradication, last case in 1977
- ⇒ 1990, TB and pneumonia caused less than 4% of deaths
- ⇒ Measles record low level in 1995

Worldwide *Streptococcus* pneumoniae resistance (2003)

Country	Azithromycin %	Penicillin %
Ireland	18.9	18.9
France	54.2	35.4
USA	35.4	28.7
Hong Kong	82.9	64.3
Australia	16.8	13.6

Antibiotic Resistance

Susceptible = sensitive

 MIC is at a concentration attainable in blood or other appropriate body fluid using usually recommended dosages

Resistant

 MIC is higher than normally attainable levels in body fluids

Intermediate (moderately sensitive, moderately resistant)

 MIC is between sensitive and resistant levels, may be able to treat with increased dosage

The Golden Age has ended

Factors Associated with the Spread of Antibiotic-Resistant Bacteria

Inappropriate use of antibiotics

- Worldwide overuse
 - Extensive use in upper respiratory infections
- Incomplete or incorrect therapeutic regimes
- Availability of antibiotics without prescriptions
- Failure of hospital infection control policies
- Widespread use of antibiotics as a "growth enhances" in animal agriculture
- Increased opportunities for clonal dissemination of antibiotic-resistant bacteria both within and outside the hospital setting

- Global dissemination of particular strains

Consequences of Antibiotic-Resistant Bacteria

- Change in the approach to the administration of "empiric antibiotic therapy"
- Increased number of hospitalizations
- Increased length of hospitalizations
- Increased morbidity and mortality
 - Emergence of strains totally resistant to all available antibiotics
- Choice of more expensive or more toxic therapeutic alternatives
- Increased costs by ~ 5 billion dollars

How did we get here?

Timeline of antibiotic resistance

- 1942 penicillin available
- 1942 penicillin resistant S. aureus
- 1940's-1950's chlorampenicol, tetracycline, erythromycin resistance
- Early '60s β-lactamase resistant penicillins available
- Late '70s MRSA arose (methicillin resistant S. aureus)
- 1997 first vancomycin resistant Enterococcus reported
- July 2002 CDC reported first case of vancomycin-resistant S. aureus in US

It Can Happen to Anybody!

Month 11, 2002

Dakland Tribune

Drug-resistant bacteria turns cut into life threatening ordeal

Critics: Drugs overused in people, animals

By Matt Carton in the local distance

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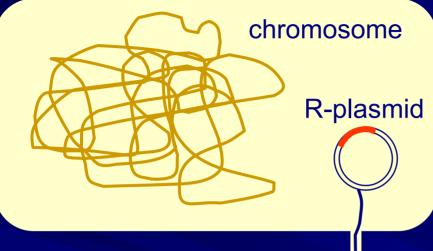
How do they do it?



It was on a short-cut through the hospital kitchens that Albert was first approached by a member of the Antibiotic Resistance.

Genetics of Resistance

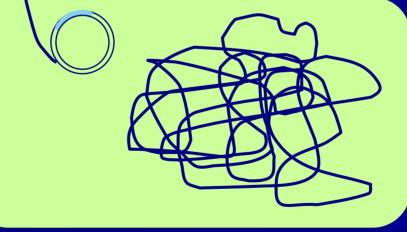
Intrinsic - Proteins or impenetrable Acquired Chromosomal mutation and selection - Plasmid-borne resistance – Transposition (Transposons) - Integrons



Plasmid Transfer of Antibiotic Resistance genes

Bacterial cell resistant to ampicillin

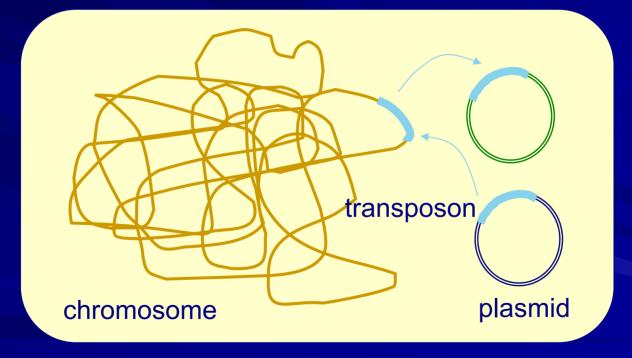
sex pilus



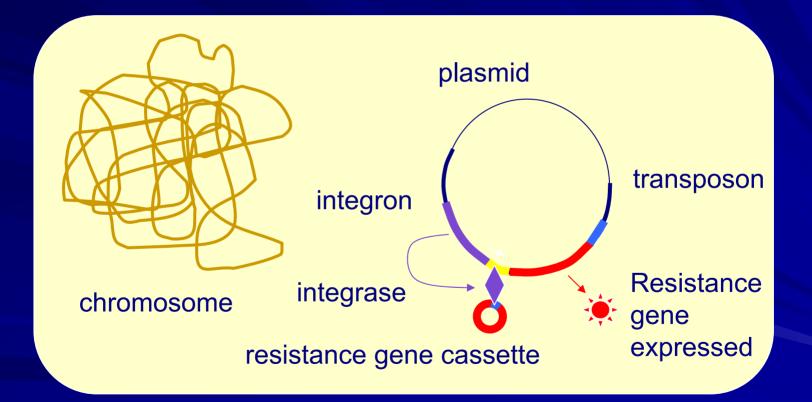
Bacterial cell sensitive to ampicillin

Resistant to ampicillin

How do plasmids acquire new genes? TRANSPOSITION - "jumping genes"



How do transposons acquire new genes? INTEGRONS - gene capture and expression systems *"natural" genetic engineering*



Mechanisms of Chromosomal Resistance

Impermeability

Efflux

Inactivation

Hyperproduction

Altered Target

Tetracycline Most antibiotics with Pseudomonas

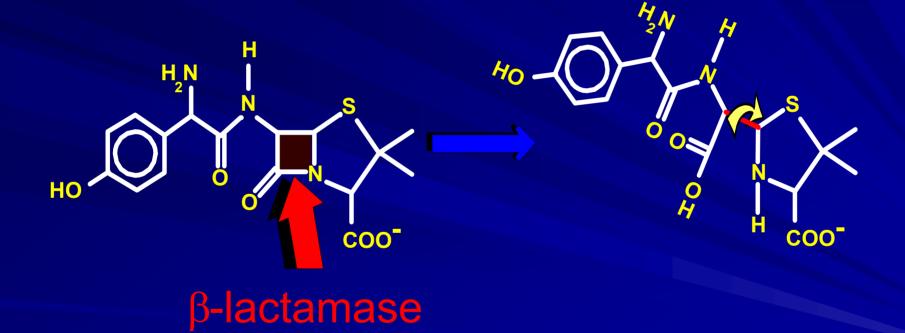
Tetracycline Fluoroquinolones

β-lactam (β-lactamases) Aminoglycosides (modifying enzymes)

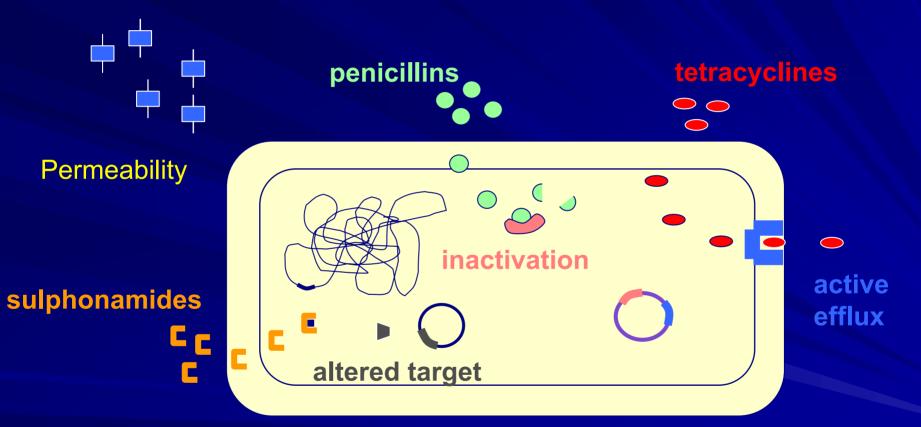
Trimethoprim

Trimethoprim Sulphonamides Fluoroquinolones Aminoglycosides

β-lactamase Action on Amoxycillin



How do bacteria resist the action of antibiotics?





What is the role of antibiotic feeding on development of antimicrobial resistance on the farm?

Pictures of Animal Farms







With antibiotic feeding

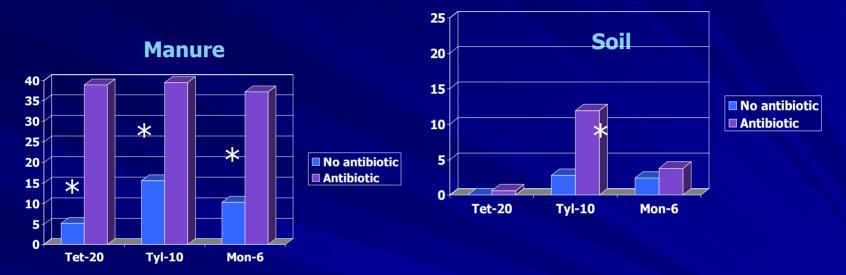






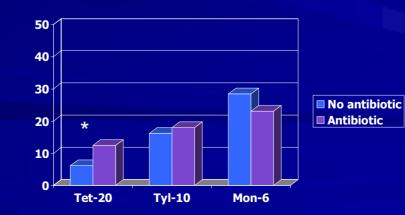
Without antibiotic feeding

Percent Antibiotic Resistance Bacteria – Swine Farms



Dog

Tet-Tetracycline Tyl-Tylosin Mon-Monensin





Feeding antibiotics may lead to increased resistance in manure and soil and may be transferred to dogs. Laughter is the best medicine – I guess entertain them



Evolution of Antimicrobial Therapy in a Nutshell

Yr 2000 B.C.Yr A.D. 1000

Yr 1850

Yr 1920

Yr 1945

Yr 1955

Yrs 1960-07 more "Here eat this root" "That root is heathen. Here, Say this prayer" "That prayer is superstitious. Here drink this potion" "That potion is snake oil. Here swallow this pill" "That pill is ineffective. Here take this penicillin" "OOPS, Bugs mutated. Here take this Tetracycline" "Forty seven more OOPS's Here, take this powerful antibiotic"

Yr 2010... "The Bugs have won! Here eat this root"

What do we do now?

Patient Guidelines

- Don't insist on antibiotics when your doctor says they are not needed
- ⇒ If you are prescribed drugs, take the full course
- Never hang on to unfinished prescriptions with the intention of using them for new ailments
- ⇒ Never share antibiotics with others
- ⇒ Keep a diary of antibiotic use

Physician Guidelines

- Reduce inappropriate use of antibiotics
- Meticulous infection control, especially in hospitals and long term care facilities
- Reduce use of broad spectrum antibiotics, use narrow spectrum antibiotics when possible
- Urge patient compliance
- ⇒Increase surveillance

Federal Intervention

- ⇒ FDA proposes ban of two poultry drugs (10/27/00)
 - Fluoroquinolones
 - Abbott has pulled drug, Bayer has not
- ⇒ New antibiotics
 - Zyvox (linezolid) active against MRSA, VRE
 FDA approved 4/00
 - Synercid active against MRSA
 - FDA approved 9/99
 - Turkeys fed virginiamycin have Synercid-resistant bacteria

Roadblocks

- Research and development of new antibacterial can take 15-20 years and cost over \$500 million.
- Pharmaceutical companies want largest usage from products
- Farmers and ranchers resist bans on agricultural use

Perspective Antibiotics: Has the magic gon<u>e?</u>



Chander... Kuldip Kumar

Not Over Yet

But there are serious concerns about the decreasing effectiveness of antibiotics because of increased antibiotic prevalence and emergence of antibiotic resistance in the environment











Which bacteria are of greatest concern for antibiotic resistance?

Streptococcus pneumoniae

Most common cause of bacterial pneumonia, also causes meningitis, bacteremia, >7 million ear infections per year,

10-40% are caused by DRSP (drugresistant S. pneumoniae)

Until late 1970's, readily killed with penicillin

⇒ Now, up to 30% are penicillin resistant



⇒ 1987 - Van-R Enterococcus - England and France
⇒ 1989 - NYC
⇒ 1991 - 38 US hospitals
⇒ 1992 - lab transfer to *Staphylococcus*⇒ 1993 - 14% patients in ICU with VRE

Staphylococcus aureus

 Methicillin resistance common
 Vancomycin susceptibility decreased (VISA - vancomycin-intermediate S. aureus)

⇒ VRSA - vancomycin resistant S.

aureus

Neisseria gonorrhoeae

⇒ More than 50% are resistant to penicillin or tetracycline or both ⇒ in SE Asia, ~98% are penicillin resistant ⇒ Resistance to ciprofloxin increasing ⇒ Gonorrhoea increases shedding of HIV, may also increase susceptibility

Mycobacterium tuberculosis

- ⇒ 1/7 new TB cases is resistant to isoniazid and rifampin (5% die)
- Cost of treating one person with multidrug-resistant TB is 100 times greater than the cost of treating nonresistant cases.
 - NYC spent \$1 billion to control outbreak of multidrug-resistant TB in early 1990s

All known resistance due to mutation
 Therefore, multiple drugs beneficial

Escherichia coli

⇒ Resistance to fluoroquinolones
 □ 1983-1990, all were susceptible (92 strains)

 1991-1993, 11/40 were highly resistant to 5 different quinolones